

WELLNESS NEWS

Big Loser Finale

Thursday March 21st, 2019

5:00 PM Meet at the Wellness Center

5:30 PM Cardio & Strength Circuit

7:00 PM Dinner

7:30 PM Awards

This event is open to all Members - come
celebrate our Big Losers with us!



Otter Training Camp

April 29th through May 2nd 2019

Create an athletic advantage by working with Outing Club Otter Coaches before the 2019 Swim Team Season! We will be teaching athletic fundamentals geared towards building stronger swimmers. The camp is not mandatory for swim team but is highly encouraged.

\$100 per Athlete

OUTING CLUB MERCHANDISE

Please either email your order to wellness@theoutingclub.com or drop off at The Outing Club no later than April 1st, 2019.

Crew Neck \$30



Size: S ___ M: ___ L: ___ XL: ___ 2XL: ___

Baseball Tee \$25



Size: S ___ M: ___ L: ___ XL: ___ 2XL: ___

Performance Fit Hoodie \$40



Size: S ___ M: ___ L: ___ XL: ___ 2XL: ___