## **AUGUST 2022 CALENDAR**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Clubhouse Closed Pool Closed All Day for Construction/ Tree Removal	2	3 Unwind Wednesday	4	Double Bubble 4:00 - 6:00 PM  Late Night Pool Party	Steak by the Ounce 5:00 - 8:00 PM
7 Sunday Supper 3:00 – 7:00 PM	8 Clubhouse Closed	9	Unwind Wednesday	11 Members Only* 5:30 PM	Clubhouse and Pool Closed All Day for Private Event	Outing Club Car Show & Hog Roast 5:00 PM
14 Sunday Supper 3:00 – 7:00 PM	15 Clubhouse Closed	16 Ladies Day Bridge Lunch served at 12:15 PM	17 Unwind Wednesday	18	Double Bubble 4:00 - 6:00 PM	A La Carte Dining Available in Pub Only
21 Sunday Supper 3:00 – 7:00 PM	22 Clubhouse Closed	23	24 Unwind Wednesday	25	7aco Night 5:00 - 8:00 PM	27
Ballet on the Lawn Sunday Supper 3:00 - 7:00 PM	29 Clubhouse Closed	30	Unwind Wednesday	The Outing Club 2109 Brady Street Davenport, IA. 52803 563-324-5284 Babysitting Available for events with *		

Clubhouse Lunch Tuesday – Friday 11:00 AM – 2:00 PM Clubhouse Dinner Wednesday – Saturday 5:00 – 8:00 PM Sunday Supper August  $7^{th}$ ,  $14^{th}$ ,  $21^{st}$  &  $28^{th}$ 3:00-7:00 PM

# **AUGUST WELLNESS CLASSES**

### <u>Monday</u>

Barre with Janise 11:00 AM (Facebook Live) Yoga with Lisa at 5:15 PM

#### **Wednesday**

Tabata (HIIT) with Janise at 11:00 AM (Facebook Live)
Strength & Stability with Ryan 6:00 PM

### **Thursday**

Tai Chi with Ame 9:15 AM Yoga with Janise at 10:00 AM

Aqua Fit will meet Monday - Friday at 11:15 AM Inclement Weather - We will offer OC Fit in the Wellness Center at 11:15

