
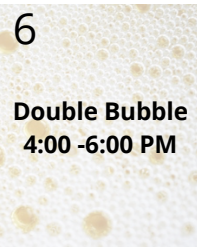


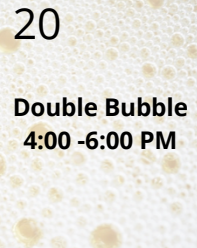






JANUARY 2023 CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Clubhouse Closed	2 Clubhouse Closed	3	4  Unwind Wednesday	5	6  Double Bubble 4:00 -6:00 PM	7
8 Sunday Supper 3:00 – 7:00 PM	9 Clubhouse Closed	10	11  Unwind Wednesday	12 Members Only 5:30 PM	13	14  Taco Baskets 5:00 – 8:00 PM
15 Sunday Supper 3:00 – 7:00 PM	16 Clubhouse Closed	17 Ladies Day Bridge Lunch served at 12:15 PM	18  Unwind Wednesday	19	20  Double Bubble 4:00 -6:00 PM	21  Down Home Buffet 5:00 – 8:00 PM
22 Sunday Supper 3:00 – 7:00 PM	23 Clubhouse Closed	24	25  Unwind Wednesday	26  Burger & Beer Night 5:00 – 8:00 PM	27	28  Prime Rib & Wine Night 5:00 – 8:00 PM
29 Sunday Supper 3:00 – 7:00 PM	30 Clubhouse Closed	31				

Clubhouse Lunch
Tuesday – Friday
11:00 AM – 2:00 PM

Clubhouse Dinner
Wednesday – Saturday
5:00 – 8:00 PM

Sunday Supper
January 8th, 15th, 22nd, & 29th
3:00 – 7:00 PM

JANUARY WELLNESS CLASSES

MONDAY

Barre with Janise 9:00 AM

Yoga with Janise 10:15 AM

Yoga with Lisa at 5:15 PM

TUESDAY

Fit for Life with Martha at 10:15 AM

OC FIT with Janise at 11:15 AM

WEDNESDAY

Barre with Janise at 9:00 AM

Yoga with Janise at 10:15 AM

THURSDAY

Tai Chi with Ame 9:15 AM

Fit for Life with Martha at 10:15 AM

OC Fit at Janise 11:15 AM

